

# Gerontology Workshop for Nurses

## Course Description:

The Geriatric Nursing Clinical Education Programme enables nurses in clinical areas to develop competencies to perform assessment, provide care and manage onset of associated syndromes of geriatric patients. The instructional strategies for the workshop are learner-centred, engaging the participants actively in discussions, case studies, role play and to facilitate and integrate learning in a meaningful way. Workshop topics are focused on physiology of aging, nursing the confused elderly (dementia and delirium), mobility and nutrition care for an elderly person.

## Course Content:

- Introduction and Pre-Test
- Physiology of Ageing
  - Ageing Simulation
  - Normal ageing versus disease-related changes
- The Confused Older Adults
  - Dementia and BPSD
  - Delirium Prevention and Management
  - Administer of AMT and CAM assessment
  - Approaches to BPSD: Person-centred
  - Types of Delirium and Management
- Anorexia and Inanition in Elderly
  - Approach to older adult with poor oral intake and failure to thrive
  - Managing swallowing impairment
  - Nutrition needs
- Falls prevention in Elderly
  - Approach to falls in older adult
  - Mobility Aids
- Post-Test and Feedback

## Course Information:

Dates	28 May 2026 3 Jul 2026 27 Aug 2026 24 Sep 2026
Time	0830-1730 hr
Venue	Sengkang General Hospital 110 Sengkang East Way Singapore 544886 Exact venue will be announced in the confirmation email.
Course Fees	\$120 + GST = \$130.80
How to register?	To register, please email Ms Joanna Peh @ <a href="mailto:ned.staff@skh.com.sg">ned.staff@skh.com.sg</a>



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